



**Bowie Ice Arena
3330 Northview Drive,
Bowie, MD 20716
Saturday, April 17th-Sunday, April 18th, 2010
Entry Deadline March 15th, 2010**

2010 ISI District IV Championships

Bowie Ice Arena is proud to be the host of the 2010 ISI District IV Championships. Included are individual and team applications, eligibility rules, hotel information, directions and all other pertinent details. If you have any questions about this event, please feel free to contact the competition director, Christine Brinton, at 301-809-3090. We welcome all who are eligible to participate.

Be a part of the biggest and best ISI District 4 championships *EVER!*

Eligibility

All competitors must be current, individual members of ISI. **If you are not a member, you can register at www.skateisi.org.** Skaters may not enter an event at a lower or higher level than their last test passed. Members of USFS, who are also individual members of ISI are eligible to compete in the new **Open Freestyle events** after passing the required Open Freestyle equivalency test listed below.

If the USFS skater has passed the test:	The skater must pass & compete in ISI no lower than:	Open FS Level:
No-test & Pre-Preliminary Adult Pre-Bronze Adult Bronze	Freestyle 3	Bronze
Preliminary Pre-Juvenile Adult Silver	Freestyle 4-5	Silver
Juvenile Intermediate Adult Gold	Freestyle 5-6	Gold
Novice Junior Senior	Freestyle 7-10	Platinum

***Skaters are expected to compete at their true ability level and to uphold high ethical standards**

RULES

The competition will be conducted in accordance with the guidelines contained in the most recent edition of the [ISI Handbook, along with all 2010 rule revisions](#). **All coaches and skaters should be familiar with these rules.** Skaters will be grouped together by age and ability level. The competition director will determine age grouping according to the enrollment in the competition.

SYNCHRONIZED SKATING TEAM RULES:

District 4 Competition for Synchronized teams will be run the same as the ISI National Synchro Competitions. Teams will be grouped according to average team age and team size, (# of skaters), in either Premier or Select rounds. Team placement in group will also depend upon whether teams are mainly USFS or ISI competitors. **All USFS team members must also be members of ISI.**

AWARDS

Awards will be given to the first 5 places in each event. Team points for Individual, partner and group/team are as follows: 5 points for 1st place, 4 points for 2nd place, 3 points for 3rd place, 2 points for 4th place, and 1 point for 5th place – plus 1 Participation Point per event entry.

For the following team events – Synchronized teams, Production teams, Team Compulsories, team points are as follows: 25 points for 1st place, 20 points for 2nd place, 15 points for 3rd place, 10 points for 4th place, 5 points for 5th place – plus 5 Participation Points per event entry.

Award ceremonies will be conducted hourly throughout the day.

. A trophy will be awarded at the conclusion of the competition to the top 5 overall rinks

The ISI District 4 Tournament trophy will also be awarded at this competition.

MUSIC & REGISTRATION

We accept CD's and ask that they are turned in at the registration table upon arrival. Registration begins one hour prior to competition start time. Music should be clearly marked with the skater's name, team name, division and age group on the side that is to be played. Please have a second copy of your music with you. You should arrive **at least one hour prior** to the time of your event(s). Prince William Ice Center staff is not responsible for lost or damaged music or any CD's left at the conclusion of the competition.

VENDORS

There will be vendors for Photography, Videos, Sweatshirts Dresses and skating items, T-Shirts, and Flowers throughout the entire competition. Non-Flash photography and videotaping during the competition is allowed for personal use only.

PRACTICE ICE

Please contact the Bowie Ice arena for freestyle practice times before the competition.

DIRECTIONS

From Beltway (495) / I95: Exit at Route 50 East towards Annapolis. Exit 197 South Collington Road.

Merge Right onto 197. Make right at first light Northview Drive. Follow for 2 miles and make right into Allen Pond Park.

From North Route 3: Follow Route 3 South to Route 197 Collington Road. Take a right at light onto Collington Road. Follow to third light (at Bowie Towne Center) make left onto Northview Drive. Follow 1 mile to 3330 Northview Drive right into Allen Pond Park.

From South Route 3: Follow Route 3 North to 197 Collington Road. Make Left onto Collington Road. At third light (at Bowie Towne Center) make a left onto Northview Drive. Follow 1 mile rink on right side 3330 Northview Drive

JUDGES/COACHING

Each rink is required to ensure that qualified judges cover their teams' scheduled judging time. Judges must be Professional Members of the ISI and **MUST BE ISI CERTIFIED JUDGES**. **All judges who passed any level of judge certification exam prior to Jan 1, 2010 must pass the 2010 Update Test to maintain their current certification level. This is available on line at www.skateisi.org.** If qualified team judge does not show up for their required time, 5 team points will be deducted from your teams total score. At least one judge is needed per every 10 skaters from each rink. If only one judge from your team, they will be scheduled for all required team time. Credentials will be distributed at the Judges Meeting on Saturday morning to coaches who are current professional members and are on the schedule for judging. A coach without a credential will NOT be permitted in the "Skaters Only" areas or in the Judges Hospitality room. **Coaches who elect not to judge will have the option of paying a \$75.00 fee for a coaching credential. Payment is made to ISI District 4.**

Individual Compulsories

Please perform the following in any order using no more than 1 minute of time. Tots-Freestyle 4 use 1/2 ice, and Freestyle 5-10 use full ice. Additional maneuvers, such as any jump, spin or gliding maneuver from a test level or any un-captured moved are not allowed. **NOTE: No penalty for number of swizzles, wiggles, strokes or crossovers performed in Tot-Beta levels. Only quality of the maneuvers will be judged.**

Tot 1	Proper way to get up, Marching in standing position, Marching while moving
Tot 2	Two-foot jump in place, Forward swizzle standing still, Single Swizzle
Tot 3	Push and Glide Stroking, Dip, Forward Swizzle
Tot 4	T-Position push, Backward Swizzle, Snowplow stop (one or two foot).
Pre-Alpha	One-foot glide, Forward swizzles, Backward swizzles
Alpha	Forward stroking, Forward L/R crossovers, One-foot snowplow stop
Beta	Backward stroking, Backward R/L crossovers, R T-stop
Gamma	RFO 3-turn, LFI Mohawk combination, Hockey stop
Delta	Four (4) Forward outside edges, LFI 3-turn, Four (4) Forward inside edges
Freestyle 1	Four (4) Backward inside edges, Waltz jump, Two-foot spin
Freestyle 2	Ballet jump, One-half Lutz, One-foot spin
Freestyle 3	Salchow, Change foot spin, Dance Step Sequence
Freestyle 4	Flip jump, Loop jump, Sit spin
Freestyle 5	Lutz, Axel, Fast back scratch spin
Freestyle 6	Split jump, Double salchow, Sit change sit spin
Freestyle 7	Double toe loop, Flying camel spin, Jump in opposite direction
Freestyle 8	Double loop, Flying sit spin <i>or</i> Axel sit spin, Illusion
Freestyle 9	Double Lutz, Flying camel into jump sit spin, Axel-double loop jump
Freestyle 10	3 Arabian <i>or</i> Butterfly jumps, Double axel-double toe loop, Death drop

Selected Dances

During warm ups, each dance will be played so that each skater can do at least 3 patterns of each required dance. In all Similar/Mixed events, please remember that both partners must have passed the level they are competing at. Skaters may only enter Ice Dancing events at one particular level, but may enter more than one dance event. For example, you may enter both the Solo and Shadow event at Dance level 3. Each dance must be completed with a T-Stop.

<u>Solo</u>	<u>Similar / Mixed</u>	<u>Pro Partner</u>
Dance 1 Forward Chasse sequence 2/4 rhythm	Dance 1 Forward Progressive sequence 2/4 rhythm	
Dance 2 Dutch Waltz	Dance 2 Forward Swing roll sequence 3/4 rhythm	
Dance 3 Canasta Tango	Dance 3 Canasta Tango	
Dance 4 Cha Cha	Dance 4 Swing Dance	
Dance 5 Hickory Hoedown	Dance 5 Willow Waltz	
Dance 6 14 Step	Dance 6 Foxtrot	
Dance 7 Argentine Tango	Dance 7 European Waltz	
Dance 8 Blues	Dance 8 Quickstep	
Dance 9 Paso Doble	Dance 9 Starlight Waltz	
Dance 10 Argentine Tango	Dance 10 American Waltz	

District 4 Championships

INDIVIDUAL ENTRY FORM

Skater's Information (please print)

Coaches Information

Representing (Rink/Team): _____ Name: _____ Address: _____ City, State, Zip: _____ Home Phone: (____) _____ Work Phone: (____) _____ Birth Date: _____ Age: _____ Sex: _____ ISI#: _____ Exp Date: _____ Highest USFSA Test Passed: _____ Parent/Guardian: _____ Phone#: _____ *Email: _____	Name: _____ Address: _____ City, State, Zip: _____ Home Phone: (____) _____ Work Phone: (____) _____ *Email: _____ Rink Fax#: (____) _____ Coach Certification Level: _____ Signature: _____
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Partner Name: _____ Event: _____ Age: _____ Level: _____ M/F: _____
 Partner Name: _____ Event: _____ Age: _____ Level: _____ M/F: _____

***Competition Schedule will be emailed to skaters and coaches, and faxed to home rink.**

Please circle the highest level passed as of March 15, 2010 for each event entered.

Freestyle	Individual Compulsories	Stroking	Interpretive	Rhythmic Skating	Pairs	Footwork	Special Skater	Artistic	Dance
1	1		1	1	1	1	1	1	1
2	2	Alpha	2	2	2	2	2	2	2
3	3	Beta	3	3	3	3	3	3	3
4	4	Gamma	4	4	4	4	4	4	4
5	5	Delta	5	5	5	5	5	5	5
6	6		6	6	6	6	6	6	6
7	7		7	7	7	7	7	7	7
8	8		8	8	8	8	8	8	8
9	9		9	9	9	9	9	9	9
10	10		10	10	10	10	10	10	10

Tots	Pre-Alpha-Delta	Individual Compulsories		Stroking	Interpretive Alpha-Delta	Ice Dancing Solo		Ice Dancing Similar/Mixed		Ice Dancing Pro Partner	
1	Pre-Alpha	Tot 1	Pre-Alpha	Pre-Alpha	Alpha	1	6	1	6	1	6
2	Alpha	Tot 2	Alpha	Alpha	Beta	2	7	2	7	2	7
3	Beta	Tot 3	Beta	Beta	Gamma	3	8	3	8	3	8
4	Gamma	Tot 4	Gamma	Gamma	Delta	4	9	4	9	4	9
Spotlight Events:		Circle		Delta		5	10	5	10	5	10

Character, Lt. Ent., Dramatic		Family	Couple		Family	Open Freestyle
Pre-Alpha	FS-1 FS-6	Same as Character Lt. Ent.	Low -Pre-Alpha -Delta		Any age Any level	Bronze Silver
Alpha	FS-2 FS-7		Med -FS 1-4			
Beta	FS-3 FS-8		High -5-10		Two or more family members	Gold Platinum
Gamma	FS-4 FS-9					
Delta	FS-5 FS-10					

District 4 Championships

TEAM ENTRY FORM

Team Information (please print)

Coaches Information

Representing (Rink): _____ Name of Team: _____ Rink Address: _____ City, State, Zip: _____ Rink Phone: (____) _____ Rink Fax: (____) _____ Team ISI #: _____ (synchro event only) Exp. Date: _____	Name: _____ Address: _____ City, State, Zip; _____ Home Phone: (____) _____ Work Phone: (____) _____ *Email: _____ Signature: _____ Coach Certification Level: _____
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***Competition Schedule will be emailed to skaters and coaches, and faxed to home rink.**

Please check Team Event

Age Category

<input type="checkbox"/> Synchronized Skating Team \$50 per team + \$10 per team member <input type="checkbox"/> Synchronized Formation Team \$50 per team + \$10 per team member <input type="checkbox"/> Production Team \$50 per team + \$10 per team member <input type="checkbox"/> Production Extravaganza \$50 per team + \$10 per team member <input type="checkbox"/> Team Compulsory-Level _____ \$20 per team member <input type="checkbox"/> Ensemble Team \$50 per team + \$10 per team member <input type="checkbox"/> Jump and Spin Team Circle one- Low Medium Int. High \$50 per team + \$10 per team member	<input type="checkbox"/> Tot (Majority 6 or younger) <input type="checkbox"/> Jr. Youth (Majority 8 & under) <input type="checkbox"/> Youth Team (Majority 9-11) <input type="checkbox"/> Sr. Youth (Majority 12-14) <input type="checkbox"/> Teen Youth (Majority 14-19) <input type="checkbox"/> Adult (Majority 20-39) <input type="checkbox"/> Masters (Majority 40 & up)
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Skater's Name, Age, DOB, ISI

Skater's Name, Age, DOB, ISI#

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34. _____

Total Team Events \$ _____

Synchronized Skating teams:

District 4 Competition for Synchronized teams will be run as the ISI National Synchro Competitions. Teams will be grouped according to average team age and team size, (# of skaters), in either Premier or Select rounds. Team placement in group will also depend upon whether teams are mainly USFS or ISI competitors. All USFS team members must also be members of ISI.

District 4 Championships

SIT SPIN & SHOOT-THE-DUCK COMPETITION

This year at the District IV Championships we will be offering a sit spin and shoot-the-“duck” competition. “Spinners” will do sit, change sit, change sit, change sit, etc. until one skater is left spinning. “Duck Shooters” will start at one end of the rink and go into the proper shoot-the-duck position at the blue line. Last one to sit on the ice wins! The winners will receive a trophy. Skaters who wish to participate in this event should fill out the form below and accompany the individual/team entry forms.

Name: _____

Age: _____ Level: _____

Rink/Team: _____

Sit Spin Competition:

Shoot-the-duck Competition:

Entry Fee: \$10.00 each (include this amount on the entry fee page, as an additional event).

Postmark completed forms by March 15th, 2010 and send to:

**ISI DISTRICT 4 CHAMPIONSHIPS
c/o Christine Brinton
2614 Kenhill Drive
Bowie, MD 20716**

**District 4
CHAMPIONSHIPS
Bowie Ice Arena
April 17th & 18th 2010**

ENTRY FEES

Office Use Only	
Total Amount Paid:\$	_____
Tender: Cash	Check# _____
CC#:	_____
Exp. Date;	_____
Cashier Initials:	_____
Date:	_____

Tots-Delta events-First Entry	\$45.00	\$ _____
All other categories-First Entry	\$50.00	\$ _____
Family entries-covers First Entry for all family members	\$85.00	\$ _____
Each additional events	# _____ x \$10.00	\$ _____
ISI District 4 Fee (per skater)	\$5.00	\$ _____
Total team events (enter total amount from team entry page)		\$ _____

Credit Card Number: _____	Exp. Date: _____
<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard	
Name on Card: _____	Signature: _____

Make checks payable to: BOWIE ICE ARENA Total Amount:\$ _____

THERE WILL BE ABSOLUTELY NO REFUNDS

Late entries will be charged DOUBLE, if accepted.

Accident/Liability Release

Bowie Ice Arena its employees, volunteers, and all others affiliated with the ISI District 4 Championships undertake no responsibility for damages or injuries suffered by skaters or officials, and by signing this form you hold harmless and indemnify all those affiliated with the Bowie Ice Arena. As a condition of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, connected with, the conduct and management of the competition, and to waive and release any and all claims against it's employees and officials, and their entries shall be accepted only on such conditions.

I have read and understand the above:

Signature of Parent or Guardian (if under 18): _____

Signature of Participant: _____

Head Team Coaches Statement

I declare that the information on all application forms are true, that this skater's tests are registered and the skater is a current or pending member of the ISI, and is skating in the proper categories, and levels, and that this skater is skating for a team I represent. I will ensure that my team provides the proper number of judges for this competition.

Head Team Coaches Signature: _____

Applications must be postmarked by March 15th, 2010. Mail applications to:

ISI DISTRICT 4 CHAMPIONSHIPS

c/o Christine Brinton
2614 Kenhill Drive
Bowie, MD 20716

Love Notes

Give your skater a special Love Note, which will be printed in the District 4 Championships Competition Program.

Please circle form of payment

Cash Check Credit Card (fill out box below)

Love Note

\$15

Example: Good luck to all skaters
from the Bowie Ice Arena!

Max: 10 Words (\$1 each additional word)

Credit Card Number: _____

Exp. Date: _____

Visa

Master Card

Name on Card: _____

Signature: _____

Love Note: _____

From: _____

Rink: _____

Total: \$ _____ (payable to Bowie Ice Arena)

**All Love Notes are to be submitted with your competition registration
by March 15th, 2010.**

District 4 Championships

COACH AND JUDGE REGISTRATION FORM

All coaches who have skaters participating in and ISI competition are obligated to judge as volunteers. Judges forms must be received before the competition schedule will be posted.

Name: _____ Team: _____

Address: _____ Phone#: _____

Email Address: _____ Fax #: _____

Judges ISI Membership #: _____ Exp: _____

Please circle your highest Judges Certification exam passed

None Bronze Silver Gold Synchro Team

I can judge (circle all that apply): Dance Couples Pairs Synchro FS 7-10

Have you ever judged ISI competitions before? YES NO

What competitions have you judged recently? _____

Signature of Coach: _____ Date: _____

Signature of Team Coach: _____ Date: _____

Forms must be postmarked by March 15th, 2010.

Visit our website for schedules and updates: www.pwice.com

Mail completed forms to:
ISI DISTRICT 4 Championships
c/o Christine Brinton
2614 Kenhill Drive
Bowie MD 20716
